



Play it safe – wear a mouthguard!

To best protect your teeth, book an appointment now with Dr Eden Winter for a custom-fitted mouthguard

Mention “Camberwell Sharks Football Club” to access our special offer of **\$125*** per mouthguard

Why choose a custom fitted mouthguard?

Custom-fitted mouthguards are superior to over-the-counter mouthguards because they are made from a dental scan and a 3D printed model of the teeth, which makes them an exact fit to the mouth. They provide the best protection, fit and comfort for all levels of sport. Unlike over the counter [boil and bite] mouthguards – these do not dislodge during play.

How is a custom-fitted mouthguard made?

For a custom-fitted mouthguard, you will need to book a visit to our practice.

At this consultation, Dr Eden Winter will examine your teeth and take digital impressions of your mouth for the mouthguard. The digital impressions are taken using an intraoral scanner that creates a detailed 3D image of your mouth. The scanner is small enough that it fits on the end of a wand no larger than a toothbrush. Eden takes the scan by systematically moving the wand around your mouth as it emits a specialised scanning light. The images of your mouth can then be viewed instantly on a computer screen and used to 3D print a model of the teeth. Digital impressions are an amazing new alternative to the traditional dental impressions technique that involves pressing your teeth into a mould-making material by biting down on a tray full of thick goop!

When ready for collection, you will be contacted, and your new mouthguard can be fitted.

* This excludes any applicable private health insurance rebates.

